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# Eat Like Walt: The Wonderful World Of Disney Food



## Synopsis

Two decades before the California food revolution, Walt Disney was planning a revolution of his own. Walt knew that food could be more than nourishment - it could be entertaining, too. The concept of families eating and playing at the same time was an innovation in mid-century America. Food in Disneyland wasn't gray or humdrum. It was full of fantasy and color! Eat Like Walt is a culinary tour of the park's six lands. Every attraction has a story, and so do many of the menu items. Disneyland's food transports us as much as it satiates us, or as Walt declared, "The food is as fabulous as the fun, too." Although Disneyland opened in 1955, its culinary history dates back to 1923 when Walt first arrived in Hollywood. Walt was a simple eater yet a big dreamer. By 1934, four years before his first feature film Snow White and the Seven Dwarfs would be released, Mickey Mouse had made him famous enough to have a recipe published in Better Homes & Gardens magazine. And although Walt never set out to be a restaurateur, he became one, with four restaurants opening at his state of the art Walt Disney Studios in 1940. From humble beginnings to becoming one of the most famous men on the planet, Walt was more of an everyman than a pampered celebrity when it came to eating. With food as the lens, Walt's private and work life are explored - including recipes from his home, his studio and his Magic Kingdom - ensuring anyone can Eat Like Walt.

## Book Information

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## Customer Reviews

Talk about a book that took me completely by surprise. With a title like this I was expecting a pure "marketing" product. Not so at all. This is an outstanding book, full of never-seen-before illustrations

and photographs, and impeccably researched by Marcy Carriker Smothers, an author who clearly cares deeply about her subject matter. This is a book that will be a pure delight to fans of Walt Disney himself and to Disneyland enthusiasts...this is clearly a "must have" for many of us. - Didier Ghez, Disney History Institute

I am an ordinary person with extraordinary curiosity. I call myself a Food Explorer and that's the focus of my career in writing and broadcasting. Food is fun! I have hosted several radio programs, including Food Guy and Marcy with the Food Network's Guy Fieri. Our playful banter could be heard in many markets across the country and led to my first book, *Snacks: Adventures in Food, Aisle by Aisle*. I am developing a new show that will bring theater back to radio. Stay tuned! In no particular order I like traveling the world, Broadway musicals, consorting with race horse persons, cooking for family and friends, reading, fitness, soul searching and wine. I am a bad hungry person, don't like the cold, and adore my first (or three) cups of coffee in the morning. When I am not adventuring, I live in Sonoma County, which according to Luther Burbank is "...the chosen spot of all this earth as far as Nature is concerned." And I agree.

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